

Table with columns for date, menu items, and ingredients. Includes rows for 12th, 13th, 14th, 15th, 18th, 19th, 20th, 21st, 22nd, 25th, 26th, 27th, 28th, and 29th. Each row lists a meal (e.g., 減量ロールパン, 焼きそば) and its corresponding ingredients categorized by food groups (e.g., 血や肉・骨, 体の調子を整える食品).

※天候などにより、急に献立を変更する場合がありますので、ご理解いただきますようお願いいたします。