

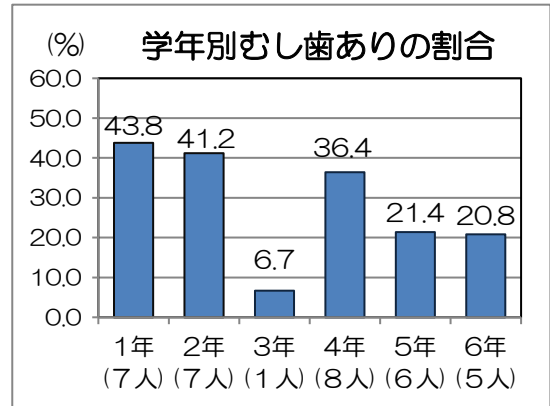
# すこやか

英語版 Kumozu Elementary School  
Heath room Newsletter  
Monday, 6. 3th ,2024 R6  
No. 7

## The 3<sup>rd</sup> Grader has beautiful teeth !

In this year's dental examination ,among all students at this school ,we found cavities in 34 students (27.9%). And in the 3<sup>rd</sup> grade there were many students without cavities. Last year , when they were in the 2<sup>nd</sup> grade ,it was still the grade that had the most students without cavities and even the students with cavities underwent treatment straight away, taking the grade with cavities 0.I believe it is the result of consultations in initial stages every days brush their teeth very carefully and parents do the final brushing together with the child.

In the 1<sup>st</sup> ,2<sup>nd</sup> and 4<sup>th</sup> grades there are many students with cavities. The exam result was delivered in May .Anyone who has cavities ,please go to the dentist as soon as possible and even after undergoing treatment ,there are many who quickly get cavities again .Please brush your teeth well. Especially as far as possible ,we ask you to look at very carefully ,condition of the child's oral hygiene at home frequently and also check that they are brushing their teeth children in lower grades who are still unable to brush their teeth well and students in middle grades who are at the stage. When changing teeth, please complete tooth brushing with your child every day. We will count on your cooperation .



## 6<sup>th</sup> Grade students who have beautiful teeth !

Every year we choose a student representing the school of 6<sup>th</sup> graders to participate in the Good Teeth Competition 「よい歯のコンクール」. This year 's chosen one was 6<sup>th</sup> grade students Saara Hagi.

So we asked the school representative Saara Hagi and the second chosen Ginji Kizaki ,how to keep their teeth beautiful and what they take care of .



**I take care not to get cavities by brushing my teeth well morning and night .And to avoid cavities forming ,I make sure I brush my back teeth and front teeth well 5 minutes .**

(Saara Hagi 6<sup>th</sup> grade )

**•I brush my teeth before leaving house .**  
**•I brush my teeth after eating a school lunch.**  
**•I brush my teeth before bed .**

(Ginji Kizaki 6<sup>th</sup> grade)

↑ To keep your teeth beautiful ,you really need to brush your teeth well every day.

## A certificate will be delivered by the health delegation !

Certificates will be given to students who do not have cavities and that the condition of the gums and teeth are good and to students who have completed cavity treatment. Once you have completed dental treatment , please present the dental treatment result report to the school which will deliver the certificate to the student .For students who did not have cavities ,but the condition of their teeth and gums were not good, as soon as the dental appointments are finished or as soon as the condition of the tooth improves through daily tooth brushing ,we will deliver the certificate to the student. If so ,please inform the Yougo teacher .

